



## Wilson YMCA June 2010 - July 2010 Aerobics Schedule



Monday	Tuesday	Wednesday	Thursday	Friday
<b>May.31</b>	<b>Jun.1</b>	<b>Jun.2</b>	<b>Jun.3</b>	<b>Jun.4</b>
<b>NO CLASSES MEMORIAL DAY</b>	5:45pm Pilates- Mary Aileen	8:30am Fit Drills- Mary Katherine	5:45pm Yoga- Kathleen	8:30am Fit Drills- Colleen
<b>Jun.7</b>	<b>Jun.8</b>	<b>Jun.9</b>	<b>Jun.10</b>	<b>Jun.11</b>
8:30am Zumba Mary Katherine	5:45pm Pilates- Mary Aileen	8:30am Fit Drills- Ellen	5:45pm Yoga- Kim M	8:30am Kick n'Cardio- Ellen
<b>Jun.14</b>	<b>Jun.15</b>	<b>Jun.16</b>	<b>Jun.17</b>	<b>Jun.18</b>
8:30am- Zumba Mary Katherine	5:45pm Pilates- Mary Aileen	8:30am Fit Drills- Mary Katherine	5:45pm Yoga- Kim M	8:30am TURBO- MaryKatherine
<b>Jun.21</b>	<b>Jun.22</b>	<b>Jun.23</b>	<b>Jun.24</b>	<b>Jun.25</b>
8:30am Zumba/Dance- Julie	5:45pm Pilates- Mary Aileen	8:30am Fit Drills- Ellen	5:45pm Yoga-Kim M	8:30am TURBO-Julie
<b>Jun.28</b>	<b>Jun.29</b>	<b>Jun.30</b>	<b>Jul.1</b>	<b>Jul.2</b>
8:30am Zumba Mary Katherine	5:45pm Pilates- Mary Aileen	8:30am Fit Drills- Mary Katherine	5:45pm Yoga-Kathleen	<b>NO CLASSES Happy 4th of July</b>
<b>Jul.5</b>	<b>Jul.6</b>	<b>Jul.7</b>	<b>Jul.8</b>	<b>Jul.9</b>
8:30am Zumba/Dance- Julie	5:45pm Pilates- Mary Aileen	8:30am Fit Drills-Ellen	5:45pm Yoga-Shea	8:30am Fit Drills-Emily B