



## SWIM LESSON SCHEDULE EAST YMCA SUMMER 2010

### Sessions

- 1) June 7-18
- 2) June 21-July 2
- 3) July 12-23
- 4) July 26- Aug. 6

### Registration Dates

- May 1- June 7  
May 1-June 21  
May 1-July 12  
May 1-July 26

Members are entitled to one FREE session of swim lessons per summer.

**Parent/Tot-** Ages 6 months to 3. This is a water adjustment class with a child and parent participating together.

Classes meet: Monday-Thursday 10:30am-11:00am  
Monday-Thursday 5:30pm-6:00pm  
Monday-Thursday 6:20pm-6:50pm

**Preschool-** (Ages 3-5) Beginner and intermediate swim lessons for the preschool aged child.

Classes meet: Monday-Thursday 11:00am-11:30am  
Monday-Thursday 5:30pm-6:00pm  
Monday-Thursday 6:20-pm-6:50pm

**Youth-** Progressive swim lessons for ages 6-14.

Classes meet: Monday-Thursday 11:00am-11:45am  
Monday-Thursday 5:30pm-6:15pm  
Monday-Thursday 6:20pm-7:05pm

**Adult-** This class is for beginners and well as those who want to learn new strokes or improve skills. Ages 15 & up.

Classes meet: Monday-Thursday 7:00pm-7:45pm

