

Cleveland Ave. YMCA Group Exercise



August 31 -October 3 Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
						Labor Day Wknd
	6:00 PM	6:00 PM		6:00 PM		NO Class
	Aerobics	BODYPUMP Dee Toney		Aerobics		today
6	7	8	9	10	11	12
	6:00 PM	6:00 PM		6:00 PM		9:00 AM
	Aerobics	BODYPUMP Dee Toney		Aerobics		BODYPUMP Sharon Wahl
13	14	15	16	17	18	19
	6:00 PM	6:00 PM		6:00 PM		9:00 AM
	Aerobics	BODYPUMP Dee Toney		Aerobics		BODYPUMP Mary/
20	21	22	23	24	25	26
	6:00 PM	6:00 PM		6:00 PM		9:00 AM
	Aerobics	BODYPUMP Dee Toney		Aerobics		BODYPUMP Sharon Wahl
27	28	29	30	1	2	3
	6:00 PM	6:00 PM		6:00 PM		9:00 AM
	Aerobics	BODYPUMP Dee Toney		Aerobics		BODYPUMP Mary