



## 2010 Winter/Spring Swim Lessons Schedule

EAST FAMILY YMCA

Registration begins January 4, 2010

|             |   |   |
|-------------|---|---|
| Session 8:  | February 1 <sup>st</sup> -February 25 <sup>th</sup> | Registration ends January 31 <sup>st</sup>  |
| Session 9:  | March 1 <sup>st</sup> – April 1 <sup>st</sup>       | Registration ends February 28 <sup>th</sup> |
| Session 10: | April 5 <sup>th</sup> – April 29 <sup>th</sup>      | Registration ends April 4 <sup>th</sup>     |

Cost: Members \$25.00 Non-Members \$60.00

**\*\*No Swim Lessons during SPRING BREAK (March 15<sup>th</sup> – 19<sup>th</sup>)\*\*.**

**Parent/Tot Aquatic Program** (ages 6months-36months)-This is a water adjustment class with a child and parent participating together.

Classes meet: Tuesday & Thursday 6:15-6:45 pm

**Pre-school Aquatic Program** Progressive Swim Lessons for ages 3-5 years old

Classes meet: Tuesday & Thursday 6:15pm-6:45pm

**Youth-** Progressive Swim lessons for ages 6-14

Classes meet: Tuesday & Thursday 6:15-7:00pm

**Adult Aquatic Program** (ages 15 & up) - This class is for beginners as well as those who want to learn new strokes or improve skills.

Classes meet: Tuesday & Thursday 6:45-7:30pm

